

Apple Fest ripens as summer flees

By RORY SCHULER

The time is ripe for Johnston's apple celebration.

The 34th Annual Apple Festival will be held this weekend, Saturday, Sept. 10 and Sunday, Sept. 11.

Festivities will stretch from 10 a.m. to 5 p.m. both days.

The Apple Festival will be held at Johnston's War Memorial Park, 1583 Hartford Ave. in Johnston.

The annual Apple Festival has been called by many a "time-honored community tradition and fun for everyone," according to organizers.

As always, this year's fest will feature "Artisan Row" — booths and tables filled with handcrafted items, pony rides, and more.

The event is free and open to the public.

Although a severe summer drought has made farming difficult, the fields are still packed with apples ready for plucking.

The annual Apple Festival arrives as summer departs.

The Northern Rhode Island Chamber of Commerce and The Washington Trust Company are once again sponsoring the Apple Festival.

For more information about the Northern Rhode Island Chamber of Commerce, call 401-334-1000 or visit nrchamber.com.

Mary Lou D'Andrea and her husband Lou own Appleland Orchards in Smithfield, once again the lone orchard involved in the Apple Festival.

"We love seeing our old friends," she said last year. "We're looking forward to meeting new friends."

Appleland will provide several varieties

RIPE FOR PICKING:

Mary Lou D'Andrea and her husband Lou own Appleland Orchards in Smithfield. She reaches up to pick a ripe apple. Thousands will be picked in preparation for this weekend's Apple Festival in Johnston. (Sun Rise photo)



APPLES - PAGE 8

OLG feast follows a steak & cigar

By PETE FONTAINE

Perhaps the title of tonight's entertainers — "Second 2 None" — best describes the 102nd Annual Our Lady of Grace Italian Feast and Festival that will be held through Sunday night when tickets for the Grand Raffle worth \$7,000 in prize money will be drawn at Festival Field in Johnston.

The four-day family fun and food fest — which began with Saturday's Steak and Cigar Dinner — will be another example of the super special socials that Rev. Peter J. Gower has initiated during his tenure at the Roman Catholic Church at 15 George Waterman Road.

"This is what I have been saying at all masses and all around the community and did they listen," Father Gower noted. "Over 160 people were present under the Big top and what an evening it was."

An evening extraordinaire features 2-pound charcoal grilled steaks, broccoli, two kinds of potatoes, corn on the cob, bread and butter, with strawberry shortcake prepared especially for dessert by Steph Harris' Strings Bar & Grill.

Likewise, there was a multi-prize raffle featuring 36 door prizes, 26 raffle baskets and \$320 that went to the lucky winner of the 50/50 drawing.

"It was the great volunteers of our parish as well as the help of Maryann and Marvin from the Bridge at Cherry



GRILL GUYS: Joe Micheletti and Mike Lombardi hold up two of the more than 160 two-pound steaks they cooked Saturday night at the OLG Fest and Festival kickoff.

OLG - PAGE 10

Meri Kennedy, bearer of good news, dies peacefully

Sun Rise Special Report

Merilyn (Meri) Kennedy, 59, of Cranston, passed away peacefully on Sept. 1 with her longtime companion, Stephen F. Popiel, at her side.

Born in Warwick, Meri was a daughter of the late Mitchell and Jean (Krasnow) Geller. She graduated from Cranston East in 1981 and received her Bachelor's Degree in English from Rhode Island College; she enjoyed writing and served as a reporter for the Warwick Beacon, Cranston Herald and Johnston Sun Rise.

Meri wrote a column titled "My Final Deadline" back in May for the paper when she entered hospice. She thanked her readers, followers and community for sharing their achievements with her over the past 28 years — everything from Eagle Scout ceremonies to fundraisers. In her column, Meri spoke of loving Cranston all her life as well as her careers. She added that despite so

many challenges, she met most of her goals and was blessed with good friends and support.

Meri always prided herself on never missing a deadline for the paper — even when she had breast cancer. After publishing the column and posting on Facebook that she had entered hospice, Meri received hundreds of comments — everything from childhood friends bringing up old memories to phone calls from people she'd impacted during her lifetime.

While also being a reporter, Meri served as the Executive Director of the Cranston Chamber of Commerce from 1985 to 1995. She was inducted into the Cranston Hall of Fame in 2019.

John Howell, publisher of the Herald, Beacon and Sun Rise, introduced Meri at her Cranston Hall of Fame induction night — and presented her and Steve with Cranston Herald jackets.

OUR LOSS:

Meri Kennedy, 59, of Cranston, co-author of the weekly Johnston Sun Rise Scoops column, passed away peacefully on Sept. 1. (Sun Rise file photo)



MERI - PAGE 15

Pannese Society hosts 'vino & paint' night

By PETE FONTAINE

Saluti membri della Society! That was the Italian opening statement from David Venditelli, proud president of the iconic Pannese Society, that appears inside the nonprofit's new, colorful and unique double issue quarterly newsletter.

"While the past couple of years have been a challenge to be sure, there is a great deal of enthusiasm and optimism for the Pannese Society this year," Venditelli offered. "We look forward to a year of participation and exuberance."

The Pannese Society, which made history several years ago with the extraordinary Sister City Program with the Town of Johnston and Village of Panni in Italy, recently added another "fantastic first" to its storied history book.

"Joe would be proud of what's going on here tonight," Venditelli said with excitement ringing in his voice about the late past president Joseph Spremulli, who among his many accomplishments initiated the Sister City Program with his son Joseph Spremulli Jr. "Joe loved events like this!"

The event was the Pannese Society's first-ever Paint and Vino, held inside Fioretti Hall at Our Lady of Grace Church in Johnston and attracted a large turnout that almost filled the spacious room.

"I'm not sure there are any Picasso's here," Venditelli mused, "but I'm positive everyone is having fun!"

Make that "fun-plus," as participants paint a sky scene under the direction of Rhode Island College professor and artist Katryne Hecht who works with the Pawtucket-based Paint and Vino company.

The evening included snacks, smiles, special sips of wine. Many talented Pannese people and their guests turned out to paint on easels, and when finished, received compliments and praise aplenty from Venditelli and his fellow officers.

"This was a huge and special success," Venditelli offered. "We'll most likely do it again; everyone had so much fun."

During the event, Venditelli, Vice President Jason Parenteau and long-time Secretary Lou Mansolillo talked about the Pannese Society's calendar into the Summer of 2023 when the club is planning yet another trip to Panni that will include visits to Bari, Naples, Foggia and the Amalfi Coast.

Likewise, Venditelli said "The Pannese Society continues to grow and this year will be an exciting one."

Anyone interested in joining the Pannese Society should call Venditelli at 401-749-1260.



PICTURE PERFECT: The artists-for-an-evening above – Sandra Lentini, Barbara DeCubellis and Monica DiDonato – are just a few of the many people who enjoyed the Pannese Society's first-ever Paint and Vino event. (Sun Rise photos by Pete Fontaine)



CANVAS CLUB: Cheryl Goneconte, Maria Mancini and Giovanna Venditelli show off their painting prowess while working a special sky and sunset scene during the Pannese Society's recent fun-filled event inside OLG's Fioretti Hall.

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PROUD PANNESE: Among the officers who helped make the recent Paint and Vino Night a huge success were Steve Russo, Jason Parenteau, David Venditelli, PJ, Andrea Paglia and Lou Mansolillo.

— Christopher MASELLI



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- **Moderate Democrat** who will put taxpayers first.
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Our budget gives working families, seniors, veterans and businesses a tax break.

- ✓ Parents receive a \$250 tax credit per child under 18, for up to three children.
- ✓ Annual pension income amounts that are exempt from state taxation were raised from \$15,000 to \$20,000.
- ✓ Eliminated income taxes on veteran's military pensions.
- ✓ Invested \$100 million in the unemployment trust fund to reduce the unemployment tax rates for small businesses starting in 2023.

We're making housing more affordable.

✓ Dedicated \$250 million in federal relief funds to creating more affordable housing – \$30 million to be used as down payment assistance for home buyers.

We made historic investments in education

- ✓ A \$250 million school construction bond will be on the November 2022 ballot. This proposal ensures our kids learn in safe, clean, 21st Century buildings.
- ✓ Funding was increased to Johnston and Providence public schools and the number of pre-kindergarten seats were doubled over the next 5 years.

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GRAND GROUP: Last year, Goodfellas Motorcycle Club Treasurer Anthony "Cal" Calabro is all smiles as he holds the club's ceremonial check for \$40,000. He's backed by members and friends inside the Healing Garden at Hasbro Children's Hospital. (Sun Rise file photos)

6th annual Goodfellas Bike Run kick starts Saturday

By PETE FONTAINE

There are few, if any, motorcycle clubs like the Johnston-based Goodfellas. Fact: Since 2017 the Goodfellas Bike Run has raised over \$60,000 for Hasbro Children's Hospital in Providence. Fact: The Goodfellas Motorcycle Club will hold its 6th annual run this Saturday, Sept. 10, beginning at 9:30 a.m. with registration at Steph Harris' String's Bar & Grill, 183 George Waterman Road in Johnston, with the hope of surpassing last year's run that attracted 215 bikes.

Fact: The 6th annual run will continue its tradition and make a short trek into Connecticut starting at 11 o'clock then head back to the Goodfellas Clubhouse at 1 Victory Mount in Johnston for the post-run party that last year featured upwards of 450 attendees who enjoyed fun, food, fellowship and music.

Fact: The 2022 run will be held in memory of seven people who were either spouses, sons and/or deceased family members, mostly of the club's founding fathers.

Perhaps even more impressive is that for the second time in as many years the Goodfellas Motorcycle Club will have its "Godfather" — a.k.a. benefactor Bruno Ramieri — who has again pledged to match dollar-for-dollar the run takes in up to \$20,000.

"This type of generous and unique charitable giving doesn't happen every day if ever," said Mr. Goodfella — a.k.a. Cal Calabro. "Because of Bruno's match last year, we presented Hasbro Children's Hospital with a check for \$41,000 and we're hoping to exceed that total thanks to Bruno's love of helping children who are battling cancer."

Ramieri, who also lives in Johnston, first heard about the Goodfellas work and contacted Calabro and Club President Gene Benedetti and told them how impressed he was with their extraordinary efforts and that he has done similar work with Hasbro Children's Hospital.

Thus, the Goodfellas and Ramieri, who is steeped with experience in the stocks and financial world, formed what many people concur may be the most unique partnership of charitable giving in all of Rhode Island.

"My late son (Anthony Edward Calabro) is looking down and smiling," Cal Calabro offered, his voice cracking with emotion. "Anthony is one seven people that we are remembering and honoring with this year's run."

Likewise, the "In Memory Of" part of the colorful promotional poster also includes Pauline Ramieri, wife of Bruno Ramieri; Freddy Benedetti III, nephew of founding member/president Gene Benedetti; Sueann Demetropoulos, wife of founding member Nick Demetropoulos; Paul Jorge Roque, relative of founding members Mario and Joe Silva; Tim Davvy, brother-in-law of founding member Fred Odell; and Nicholas Paul DeStefano, son of Anna and Steve DeStefano, who Calabro wanted it known "have supported our bike run since 2017."

GENEROUS GUY:

Last year, Bruno Ramieri, center, held a special T-shirt he received from Goodfellas Motorcycle Club treasurer Cal Calabro, left, and president Gene Benedetti as thanks for his pledge to match up to \$20,000 raised through the fifth annual Goodfellas Motorcycle Run. Ramieri has offered to do the same for this year's run.



US ATTORNEY: Johnston man sentenced to federal prison for possessing child pornography

By RORY SCHULER

A Johnston man who admitted to possessing more than 2,000 videos and images of child pornography has been sentenced to three years in federal prison, according to a press release from U.S. Attorney Zachary A. Cunha.

"Jon Knowles, 49, admitted to a federal judge in May that he employed a computer software program to download encrypted 'pieces' of files used to assemble digital files," according to Cunha's office. "In June and August of 2021, Knowles used the software program to download and assemble at least three sexually explicit video files depicting prepubescent females."

On Nov. 17, FBI agents conducted a court-authorized search of Knowles' residence and seized several electronic devices, according to prosecutors.

"A forensic audit of the devices resulted in the discovery of 2,075 videos and 342 images of child pornography," according to the press release. "Knowles pleaded guilty on May 9 ... to a charge of possession of child pornography."

U.S. District Court Judge Mary S. McElroy sentenced Knowles to 36 months in federal prison, to be followed by 10 years of federal supervised release. Knowles was also ordered to pay a \$5,000 special assessment, as required by the Justice for Victims Trafficking Act in child sexual exploitation cases where the Court makes a finding that the defendant is not indigent, according to Cunha's office.

The matter was investigated by the FBI and prosecuted by Assistant U.S. Attorney Lee H. Vilker.



GRANT GIVER: State Rep. Deb Fellela (second left) presents Johnston High School Music Director Ronald Lamoureux with a \$1,000 State Legislative Grant that will help the highly acclaimed program to continue purchasing world class percussion equipment. Looking on are JSMA member Melissa Loffler and President Beth Littlefield.

Fellela delivers state grant to JHS music department

By PETE FONTAINE

Even though school wasn't in session, State Rep. Deb Fellela made a special visit to Johnston High School several weeks ago where she continued a long tradition.

Fellela met with JHS Music Director Ronald Lamoureux, School Music Association President Beth Littlefield and JSMA member Melissa Loffler, presenting the group with a State Legislative Grant totaling \$1,000.

The check will go to the JSMA which supports the national award-winning JHS Music Department's band and choral groups.

"Representative Fellela has been helping us for years," Lamoureux wanted it known about the on-going relationships with the long-serving state rep and music program. "We have been collecting world percussion and are constantly using equipment that she has helped us purchase. We would be missing loads of im-

portant instruments without the assistance she had provided."

Although Lamoureux did not have the total grant money Fellela has brought to Cherry Hill during her tenure, Lamoureux said: "Each and every dollar Deb (Fellela) has obtained for us is huge; like other grants this will go a long way and it's an exciting way to begin the school year."

Likewise, the JHS Marching Panther Band, which has been rated one of the top programs in the state among high school music departments, will soon be gearing up and practicing for another ambitious schedule that will commence with marching in the annual and highly popular Columbus Day Parade on Providence's Federal Hill.

The JHS will also host seasonal concerts throughout the 2022-23 academic calendar year which are, as Lamoureux said with a smile: "Always open to the public."

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Johnston Sun Rise



Watch Your MOUTH
by Rochelle Rhodes, D.M.D. and David McFarland, D.D.S.

THE FACTS OF PLAQUE

Dental plaque is constantly forming on our teeth. Simply put, plaque is the bacteria that grow in our mouth daily. Whenever we eat and drink, the bacteria mix with sugary and starchy substances to form acids that damage teeth. These acids create a layer of biofilm that forms on teeth as plaque. If plaque is not removed regularly, it begins to harden into tartar. Although tartar damages teeth and gums and is difficult to remove, the good news is that plaque is easy to remove before it hardens into tartar. The best practices to control plaque and prevent tartar are brushing teeth at least twice a day, flossing daily, and having teeth professionally cleaned twice a year.

Avoiding plaque buildup and its resultant gum disease and achieving maximum dental hygiene success are not all that difficult. Almost everyone can accomplish both with a modest amount of time invested daily. Keeping up with home dental care as well as scheduling periodic cleanings and wellness exams are two important steps toward accomplishing the goal of a healthy mouth. For full-service dental care for all members of your family, please call 401-521-3661 for an appointment at DENTAL ARTS GROUP, A Collaborative Practice Committed to Excellence. Our office is located at 1136 Hartford Ave., Johnston.

P.S. It only takes about 24 hours for plaque to begin hardening into tartar.

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SUN RISE SCOOPS

By Meri R. Kennedy
and Rory Schuler

Apple Fest Scheduled

The 34th Annual Apple Festival has been scheduled for Saturday, Sept. 10 and Sunday, Sept. 11. The festival will run from 10 a.m. to 5 p.m. both days.

The event will be held at the Johnston Memorial Park — 1583 Hartford Ave. in Johnston. Register: members.nrichamber.com/.../the-34th-annual-apple.

The annual Apple Festival has been called by many a "Time-Honored Community Tradition & Fun for Everyone." As always, this year's fest will feature its "Artisan Row" — filled with beautiful handcrafted items, Pony Rides, and more.

The Annual Apple Festival will run for two days at Johnston Memorial Park, 1583 Hartford Ave. The event is free and open to the Public.

American A Cappella

The Narragansett Bay Chorus (NBC) presents American A Cappella at the McVinney Auditorium, 43 Dave Gavitt Way in Providence at 2:30 p.m. on Sunday, Sept. 11. The show features appearances by the Coastline Show Chorus (Sweet Adelines International), Harmony Heritage Chorus (Harmony Incorporated) and four quartets: Second Nature, Nantucket Sound and Generations.

For tickets and additional information, go to www.singnbc.com.

Greek Festival

The Church of the Annunciation will hold its Greek Festival from Sept. 9 to Sept. 11. There will be authentic Greek food, Greek music and dancing and Odyssey Dance Troupe performances. There is free admission and the event will take place at 175 Oaklawn Ave. The festival will be open the following days/times: Friday from 5 p.m. to 10 p.m.; Saturday from noon to 10 p.m. and Sunday from noon to 8 p.m. Additionally, there will be free shuttle buses running from Cranston West.

Volunteer Opportunity

Friends Way invites caring, sensitive and committed individuals to take advantage of the organization's volunteer opportunities. Approximately 15 volunteers come together each group night to work with the grieving children, teens and adults. Facilitators work with a specific group of children, teens or adults by helping them safely and openly express their feelings of grief through age-appropriate activities using the expressive arts. Hours are 5:30 p.m. to 9 p.m. every other week on Monday, Tuesday or Wednesday evenings. Professional training is provided. Friends Way asks for a commitment of one year and eight hours a month. The remaining dates include Sept. 10 and 13. Interested applicants should contact Ryan Loiselle at 401-921-0980. All trainings occur at 765 West Shore Road, Warwick. Meals are provided, a background check is required and the Covid vaccine is required.

Holidaze Harvest Bazaar & Craft Fair

The Holidaze Harvest Bazaar & Craft Fair will be held from 9 a.m. to 3 p.m. on Sunday, Oct. 30, at Our Lady of Grace Church, 15 George Waterman Road in

Johnston.

Events will include the "Penny Social, Food, Raffles, Sweet Treats, Crafts & More," according to organizers, who are also "calling all Vendors/Crafters." For additional information call Patricia Leoncavallo at 401-529-7592.

OSDRI Still Needs Volunteers

The message atop a recent Operation Stand Down RI (OSDRI) bulletin sounded the alarm: "We need your help!"

OSDRI needs volunteers for a number of different roles for their Veteran Assistance Event on Sept. 15 and 16. If you have any questions contact 401-383-4730 or osdri@osdri.org. OSDRI is located at 1010 Hartford Ave. in Johnston.

Local organizations can sponsor an OSDRI Tent at the event. Sponsorship Benefits, following a \$250 contribution, sponsors a service provider tent at the event. The "business name & logo featured on a service provider tent and the event banner; seen by veterans, volunteers, service providers, and community officials," according to organizers.

"Make a difference in the lives of hundreds of veterans!"

JHS Class of '82 Reunion

The Johnston High School Class of 1982 will hold its 40th Reunion on Oct. 28 at the Alpine Country Club. For more information, email johnstonclass82@gmail.com.

CHSE Class of '65 Reunion

Join the Cranston High School East Class of 65 for a belated 55th reunion on Sept. 17 at the Radisson Hotel (2081 Post Road, Warwick), from 6:30 p.m. to 11:30 p.m. Join the class for dinner, dancing and seeing old friends. Tickets are \$65 per person. For more information contact michaelsepe@yahoo.com.

More at Mohr Library

Expanded Book Sale: Library staff have spread tables with paperback picture books for younger children, and are offering them at a special price of \$0.25 per book, or 10 for a dollar, until Sept. 14. (Regular ongoing sale continues throughout the year.)

Heating Assistance Information: On Thursday, Sept. 29, drop in between 3 and 5 p.m. to speak to a staff member from Tri-County Community Action Agency about their program to help with heating costs.

Grief Support Group For Loss of Child: On the first Wednesday of the month, starting Oct. 5, from 6:30 to 7:30 p.m. Contact Tina Saker at esaker5128@cox.net, or call the Library at 401-231-4980.

Tree Stewards Education Course: On Tuesdays, Oct., 4, 11, 18 & 25, from 6-8 p.m. Attend a "Planting Workshop" on Saturday, Oct. 22, from 10 a.m. to 12 p.m. Tree Biology & Identification, Planting & Pruning, Tree Health, Urban Forestry and Soil. RITree Members & OSL library cardholders \$50. (Non-Member price, \$75) Register online at www.ritree.org or by calling RITree at 401-764-5885.

Yoga Classes for Toddlers with Ms. Pauline: On Second Wednesdays at 10:30 a.m., from September through December (Sept 14, Oct. 12, Nov. 9, Dec. 14), children will be guided into gentle movement exercises using the power of their imagination. Transforming into cats,

cows, dogs, dolphins will be a highlight of their story hour. They will also learn breathing techniques that calm and center them. It will be a time of joy, wonder and movement. Ms. Pauline is a certified yoga teacher practicing since she was 17 years old. A former school teacher, she began programs to bring yoga to children and teachers in schools throughout Rhode Island. This program is sponsored by The Tri-County Community Action Agency, Health Equity Zone. Register at mohrlibrary.org/forchildren.php or by calling the Library at 401-231-4980 and pressing 5.

Storytime: On Wednesdays at 10:30 a.m., from Sept. 21 through Dec. 7 (except for second Wednesdays when the library will have Yoga for Toddlers) stop by for stories, songs, rhymes, puppets and coloring for children ages 2 and up and their grown-ups. The dates will include: Sept 21 & 28; Oct. 5, 19 & 26 (Halloween); Nov. 2, 16, 23 & 30; Dec. 7. Register at mohrlibrary.org/forchildren.php or by calling the Library at 401-231-4980 and pressing 5.

Art Smart with Ms. Melyssa: Explore different art techniques and learn about the works of famous artists, at 4 p.m. Wednesdays, Oct. 5 through Nov. 2 (for children ages 8 to 12). Register at mohrlibrary.org/forchildren.php or by calling the Library at 401-231-4980 and pressing 5.

Mohr Library offers special activities for middle-school and high-school age kids most afternoons. For more information contact Young Adult Librarian Marissa Galonski at 401-231-4980 or email marissa@mohrlibrary.org.

Marian J. Mohr Memorial Library is now open Saturdays from 9 a.m. to 5 p.m., Friday 9 a.m. to 6 p.m., and Monday through Thursday from 9a.m. to 8 p.m. The library is located at 1 Memorial Avenue in Johnston. Visit their website: mohrlibrary.org.

Johnston Parks & Rec Reminder

Just a general reminder to please follow all park rules, especially no smoking and no dogs are allowed at Johnston Memorial Park.

Rec department staff has "noticed an abundance of cigarette butts and dogs recently" and they are asking the public for help keeping the park clean. Signs with the complete list of park rules are posted at each entrance.

Dogs are allowed in the nature trail across the street from the parking lot. No smoking or tobacco use on park grounds. No bikes, scooters, skateboard, etc. are allowed on the walking track that surrounds the pond. They may be used on the center path of the park, Please do not feed the ducks, birds, or any wildlife.

Please keep the park clean by using the available trash barrels. Absolutely no alcoholic beverages are permitted on town property. No vehicles allowed in the park. No swimming or boating in the pond; No open flames or charcoal grills. Gas grills are permitted. Fireplace use is prohibited. For your safety, please do not climb trees or fences. The park closes at 10 p.m. No overnight parking. No foul language or loud music. Field use is by permit only.

Also, be mindful of parking. Please display a handicap placard if you park in a handicap space. The area behind the office is reserved for employees. If you

have any questions, please call 401-272-3460.

Johnston Historical Society

To see photos of past events, visit the Johnston Historical Society Facebook page at www.facebook.com/johnstonhistorical.

The Johnston Historical Society's Elijah Angell House continues to be open by appointment — the society always welcomes visits by interested individuals or groups. Just shoot them an email at johnstonhistorical1825@gmail.com, or leave a message at 401-231-3380 to set one up.

Unless otherwise noted, all events take place at the Johnston Historical Society Museum Barn, 101 Putnam Pike, Johnston, and are free and open to the public. Events are subject to change. For more information, call 401-231-3380.

Contact the Johnston Historical Society at 231-3380 or at johnstonhistorical1825@gmail.com, www.johnstonhistorical.org or www.facebook.com/johnstonhistorical.

Neighborhood Watch

The 2022 season of Johnston's Neighborhood Watch has officially kicked off. This Neighborhood Watch brings together residents who want to make their neighborhood safer by working together with members of the police department. The program pairs residents with Johnston Police officers in an effort to open up communication, meet other neighbors and create partnerships that help build community resiliency.

Consider donating blood

The Rhode Island Blood Center is in need of blood donations. Individuals wishing to donate must book an appointment at the donation center; walk-ins are only accepted if safe distancing allows at the person's time of arrival.

Nearby areas to donate include The Shops at Greenwood, which is located at 615 Greenwich Ave., in Warwick. Sign up by visiting www.ribc.org.

Prepare RI High School Internships Program

Calling all RI public high school juniors: The 2022 PrepareRI High school Internship Program is accepting applications to participate in on-site/in-person, PAID summer experiential learning internships with local employers across the state.

This program will help you earn, learn, and connect with employers across Rhode Island. Applications will be reviewed on a rolling basis. Visit www.skillsforri.com/prepareri for more information.

Caregivers

Are you caring for someone with dementia who exhibits difficult to manage behaviors? You may be eligible to participate in a research study seeking advice and feedback from caregivers about what types of supports are needed. Enrolled participants will be compensated for their time. The study will take place (video call) through Rhode Island Hospital's Neuropsychology Program. If interested, contact the study coordinator Dr. Kim Chapman at 401-829-4310.

■ SCOOPS - PAGE 7

Helping Local Businesses Thrive & Survive

Thank You



for your continued loyalty



Call us at 732-3100 to advertise your business

Scoops

(Continued from page 6)

Charity Golf Tournament

Nico's Tree nonprofit will hold its fifth annual charity golf tournament on Sept. 25 at the Cranston Country Club (69 Burlingame Road, Cranston) to benefit the nonprofit. Join Nico's Tree for nine holes of golf for a great cause. After the game, enjoy a multi-course buffet dinner with dessert. Don't golf? Join the nonprofit after the tournament for Nico Tree's "Grow a Little Hope" dinner and raffle event for \$40. Registration deadline for golf and dinner is Sept. 19. For more information, call Dana Venteuolo at 401-241-5311 or Dennis Venteuolo at 401-261-3032.

Bowl For Kids' Sake

Big Brothers Big Sisters of Rhode Island (BBBSRI) will host its annual Bowl for Kids' Sake (BFKS), on Saturday, Sept. 24 from 11 a.m. to 2 p.m. at Lang's Bowlarama in Cranston.

Bowl for Kids' Sake is the fun and easy way for individuals and companies to make an impact on the local community — it only takes a little bit of effort to raise the money that is vital to our program's success. Fundraising teams collect donations and then celebrate their success by attending a local bowling party.

There are two ways to support Bowl For Kids' Sake: One, individuals can sign up in teams of five to participate in a private bowling party, and raise donations from family, friends and colleagues leading up to the event — with a fundraising goal of \$100 for each participant (\$500 per team). Two, community partners and friends can sponsor the event and get a bowling team! Visit www.secure.qgiv.com/event/2bofkids/ to sign up.

Free Teacher Assistant Training Program

The Comprehensive Community Action Plan is holding a free, virtual teacher assistant training program from Oct. 17 to Oct. 27. Individuals must be 18 to 24 years old, have a high school diploma or GED and a clean BCI. The classes run from noon to 3 p.m. Individuals, if eligible, can get paid to attend class. There will be a paid internship after program completion. For more information, call 401-562-8325.

Bring Your Own Improv Youth Workshops

Bring Your Own Improv and the Warwick Center for the Arts have a common interest in educating youth. It is with that in mind that BYOI created a program in 2014 for teens, to teach them improv as well as self-confidence and problem-solving skills. The Youth Collective meets every Friday at 5:30 p.m. at the Warwick Center for the Arts. For each two-month session, youth take four weeks of workshops followed immediately by four weeks of shows.

Youth must be between the ages of 13 and 18 and no previous experience is required. Parental permission is required. The \$245 fee must be paid in order to hold a youth's spot. The workshops include lessons, the shows and free admission to the 7:00 p.m. shows for participants. WCFA Members may purchase the workshops at a rate of \$195. Memberships are \$35 for an individual and \$50 for a family of four. Please contact us about becoming a WCFA Member today. This will be the last session offered until January 2023. First come, first serve.

Ghost Party

Join Jared the magician and mentalist on Oct. 28 at 7 p.m. at Sprague Mansion for the Cranston Historical Society's annual Charlie the Butler Ghost Party fundraising event. Costumes are optional — no Halloween masks. Tickets are \$20 for non-members and \$17 for Cranston Historical Society members. Individuals can have their tarot or psychic future read by fortune tellers for a separate fee. There will be light refreshments. Checks can be sent to the historical society (1353 Cranston St., Cranston 02920) by Oct. 24. After Oct. 24, call 401-944-9226 to inquire if seating is available.

Drawing the Line

Join East Greenwich Art Club at the East Greenwich Recreation Center, 1127 Frenchtown Road, East Greenwich, for its "Drawing the Line," workshop on Sept. 24 from 9 a.m. to 4 p.m. Local, professional artist, Mi Ok Song will be the instructor.

Her drawings of the human figure and animals are done with colored pens on paper. They reflect the harmony between humans and nature in a whimsical, representational and playful manner. Using pencils, pens, charcoal, colored pens and colored pencils, on paper, you will learn how to draw a definitive, confident line to create a drawing. Song will discuss how to utilize composition, perspective, proportion and negative space. She will also discuss values, darks, lights, shadows, foreground, middle ground and background. You will also learn how to create animals, objects, portraits, self-portraits and landscapes.

Painting with Gouache

East Greenwich Art Club will hold a "Painting with Gouache" workshop at the East Greenwich Recreation Center, 1127, Frenchtown Road, East Greenwich. This two-day workshop will take place Sept. 30 from 9 a.m. to noon and on Oct. 1 from 1 p.m. to 4 p.m. Contemporary realist, Lorena Pugh, will spend the first day instructing how to use gouache, an opaque, watercolor medium. Participants will do practice experiments to get a feel for and create a small painting. The second day will be working in the plein air park area behind the East Greenwich Recreation Center. In case of inclement weather, we will work from a still life inside the building, using black boxes. Participants may bring whatever still life items they want to paint.

OLLI Classes for Adults 50+

The Osher Lifelong Learning Institute (OLLI) at the University of Rhode Island continues its registration for the fall semester. OLLI at URI provides classes for adults aged 50 and better. Students can enjoy a variety of classes, in person and via ZOOM, simply for the joy of learning — no tests, no grades. Learn more about OLLI by visiting uri.edu/olli or call the office at 874-4197.

A few selections for the upcoming semester include Conversational Italian, Digital Photography, Broadway Musicals, and a special course, Who Really Killed Michael Jordan's Father? OLLI classes meet at 210 Flagg Road with ample parking right outside the door.

Community Yard Sale

There will be a community yard sale from 8 a.m. to 2 p.m. on Sept. 17 at the Cranston YMCA (1225 Park Ave.). The cost will be \$25 per space (additional spaces are set at \$15 each), and the proceeds will benefit the Cranston YMCA Financial Assistance Fund. Individuals must bring their own tables and chairs; food cannot be sold. For more information, contact Melissa Carvalho at 401-943-0444 or mcarvalho@gpymca.org.

Harvest Festival

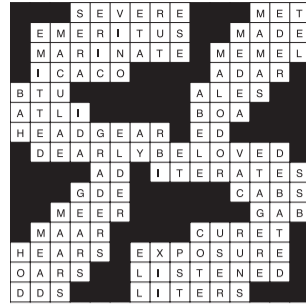
Cranston Police will host its Harvest Festival from 10 a.m. to 4 p.m. on Sept. 24 at 100 Sockanoset Cross Road (rear). There will be food trucks, crafts, vendors, exhibitors, a K-9 demonstration, a dance and karate demonstration and more. R&J Revue, Steve Quirrin and Luca and Danni will provide special performances. Cali, the department's therapy dog, will also be present. For vendor information, contact Debbie Wood at 401-527-0414 or at webejaminevents@gmail.com.

Rising Leader Scholarship

Apply for the R.I.S.E. leadership scholarship — funds can be applied to tuition, textbooks or graduate exam application fees. An applicant must be the following: a woman residing in the United States as of Jan. 1, 2022; a high school senior or first year college student with a 3.0 minimum GPA; and an individual who is able to demonstrate personal commitment to serving as a leader in their school, extracurricular activities or community. Five winners will be chosen. They will receive a \$1,000 scholarship, networking and mentoring opportunities and opportunities to serve as a brand ambassador. To learn more and to apply, visit forms.gle/2WQA9etfHindJ58cA.

Editor's Note: Send submissions to rorys@rhodybeat.com. Photos in jpg format are accepted and news can include community events, promotions, academic news and nonprofit events. Email today and see your news in our column in the Johnston Sun Rise. Please include a daytime telephone number in case we require any further information.

ANSWER TO THIS WEEK'S PUZZLE:



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CRANSTON 2022 Greek Festival

September 9, 10 & 11

Friday 5-10pm • Saturday 12-10pm • Sunday 12-8pm

ODYSSEY DANCE TROUPE PERFORMANCES
Friday 7pm • Saturday & Sunday 4 & 7pm

Rain or Shine - Under the Tents

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[CranstonGreekFestival](https://www.facebook.com/CranstonGreekFestival)

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AGING DISGRACEFULLY

Thurs. Sept 29- DANTE'S, East Grmch. Show only.
Sat. Oct 8- COURTHOUSE CENTER, Kingston
Tues. Oct 11- CHAPEL GRILLE, Cranston
Tues. Oct 18- The GEORGE on Washington
Sun. Oct. 23- SAFEHOUSE, East Grmch. 1pm
Reserve/info at agingdisgracefully.net

R- RATED HYPNOTIST FRANK SANTOS, JR.

Friday September 16 - 8pm
Park Theater, Cranston
Tix at theparkri.com or call (401) 955-7275

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CHARLIE HALL

Got something to sell???
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PUMPKIN SPICE: Pumpkins will also likely help welcome autumn as this year's Johnston Apple Festival arrives this weekend. This pumpkin crafter was one of many vendors who set up at last year's festival. (Sun Rise file photos)

Not too much longer

longer



and you'll be seeing Rocky Point license plates

Thanks to legislation approved this year, the DMV is moving ahead with the production of Rocky Point plates. Pre and new orders will be filled with delivery expected this fall. For new orders visit the Rocky Point Foundation website at rockypointfoundation.org where you will find an order form to be returned to the DMV with payment. At this time, plates are available for passenger registrations only

**Display your love and support
of a place made for memories.**

■ Apples

(Continued from page 1)

of apples, cider donuts, dumplings, pies, gourmet chocolate covered apples, hot and cold cider.

The orchard at 135 Smith Ave. holds pick your own hours from 8 a.m. to 6 p.m. every day through Christmas.

D'Andrea said the festival is timed for the start of "prime apple-picking season," which typically lasts from mid-September through mid-October. The orchard grows many different apple varieties, as well as peaches, and offers a plethora of baked goods and apple products in their orchard store.

"This will be the one-stop shop for your holiday shopping," according to the Chamber. "Did we mention food? Don't cook all weekend — there will be

sausage & peppers, hot dogs, burgers, pizza, homemade ice cream and of course the festival favorite fresh apple cider doughnuts."

A long list of nearly 90 vendors have signed on to populate Artisan Row.

The Northern Rhode Island Chamber of Commerce represents businesses in Burrillville, Central Falls, Cumberland, Foster, Glocester, Johnston, Lincoln, North Providence, North Smithfield, Pawtucket, Scituate, Smithfield, and Woonsocket. The NRI Chamber also leads the Chamber of Commerce Coalition, representing nine area chambers of commerce from the Ocean State.

The Coalition is one of the largest business advocates in the state of Rhode Island and represents more than 6,500 businesses and 70,000 employees statewide.

FULL CRATES:

Crates of honey crisp apples are ready for eating at Appleland Orchard in Smithfield. Appleland will once again be bringing fruit and apple treats to this year's Apple Festival in Johnston.



Opinion

EDITORIAL

Your vote is now more important than ever before

The 2022 Primary Election is coming up on Tuesday, Sept. 13, kicking off a full season of politics with plenty of interest among statewide and local offices.

Every citizen of voting age should consider it their responsibility to become informed on the candidates that will appear on their ballot, so they can make an informed decision. We have been working hard to provide as much information as possible to help you make that choice, and once General Election races are set, look to us for even more political news and candidate features.

• WHERE TO WRITE:
1944 Warwick Avenue
Warwick, RI 02889
RoryS@RhodyBeat.com

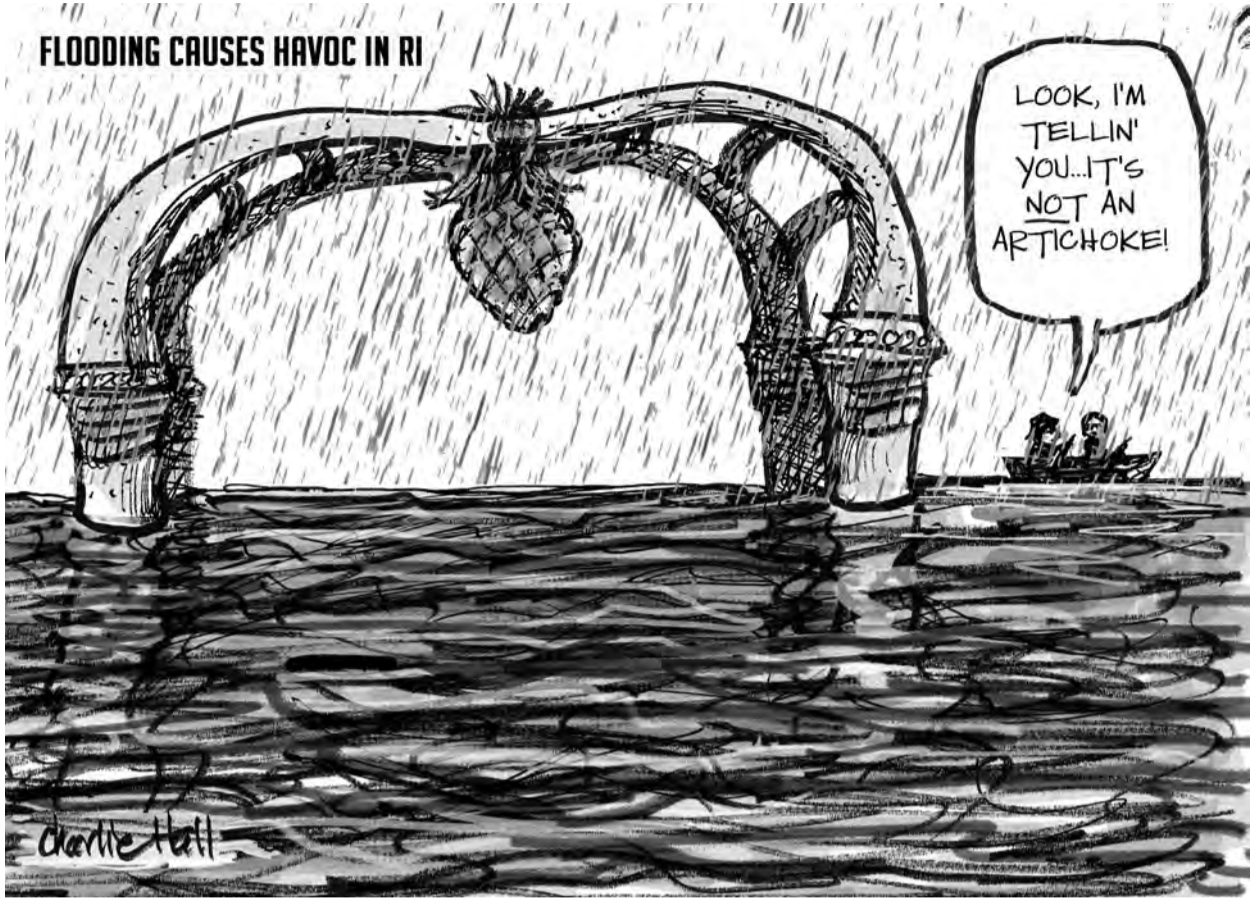
Of all the races to be decided next week, none looms larger than the race for governor. Democratic incumbent Dan McKee has a sizable group of contestants looking to take him down, each of which represents a different portion of the political spectrum – from successful corporate executive Helena Foulkes to the Secretary of State Nellie Gorbea, and the Progressive wing’s Matt Brown. Recent polling has shown a high percentage of undecided voters willing to be swayed, and no clear frontrunner in the race thus far (McKee, Gorbea, and Foulkes are the top three choices), so it is fair to assume that it’s anyone’s race at this point.

Other races, including Seth Magaziner’s all-but-confirmed primary win for Rhode Island’s 2nd Congressional District, and the tight but getting less tight race led by Sabina Matos to hold onto her seat as Lt. Governor, lack the same luster, but are still worth watching – particularly the numbers of Republican voters to turn out for former Cranston Mayor Allan Fung, who will likely face off in a heated contest against Magaziner come November.

As with any political season, there are sure to be upsets and near upsets, and new faces will be infused into the mix of our local boards – which have the most impact on the day-to-day lives of us and our families. This is why it is so essential to study up and make sure you place your trust, and your vote, in the people who you think will take that role seriously and represent all people, not just your own interests, in a fair and responsible way.

Mid-term election primaries are not exactly infamous for high voter turnout, but with the availability of early and mail-in voting, there is no excuse for Rhode Islanders to not improve upon its recent history of low turnout. It takes so little effort to engage with your democracy and make your voice heard.

Good luck to all the candidates, and we’ll be talking to the winners soon.



LETTERS

'We need to send more women to Congress'

By JOY FOX

During these challenging times, it’s clear people are tired and want meaningful action in Washington. They want more lawmakers who are committed to putting the people first. That is why we need to send more women to Congress. Research shows that women legislators are singularly focused on serving the people of their district – even those who did not vote for them. They tend to be more engaged with their constituents and more responsive to their concerns. They even fight for their constituents by securing more federal funding for their states than their male colleagues. This means that people in every state would benefit from being represented by a woman in Congress.

If we want to change the way Washington works, we need to change the kind of people we send there.

Rhode Island has never elected a Democratic woman to Congress, but we have the opportunity to change that on September 13 when we head to the polls to replace retiring Congressman

Jim Langevin. I am running to represent Rhode Island’s Second Congressional District in Congress.

Through my work as a reporter at the Cranston Herald and Warwick Beacon, I gained a deep understanding of both the challenges and successes of people living in the district. I traveled every inch of this district with former Governor Gina Raimondo and Congressman Langevin while working for them.

A top priority of mine is making sure families can afford to live and work in Rhode Island. An important piece of that is creating a health care system that is affordable and accessible for everyone, especially women. Given the recent actions of the Supreme Court, it is up to Congress to protect women’s right to choose.

We must also prioritize helping families take care of their loved ones. This means once and for all passing a permanent paid family leave program for all workers. Strengthening support for family caregivers is also critical, and it is an issue I worked on as a member of Congressman Langevin’s team. I know

firsthand how important this invisible frontline of the health care system is. My mom is the primary full-time caregiver to my dad who struggles with Alzheimer’s, and we rely on the Cranston Adult Day Services to provide our family respite.

My experience working in government and now running a small business gives me a strong and unique understanding of this district and the ability to get these things done for you. There is so much more our families deserve, including access to affordable housing and a quality education. I have rolled up my sleeves, and I’ll work to tackle the tough challenges we face.

So I ask for your vote. Early voting has started and the primary is on September 13. And remember – don’t lose hope, send Joy to Congress!

Editor’s Note: Joy Fox is a Democratic candidate for Congress in Rhode Island’s Second District. Fox is a former employee of Beacon Communications, the owner and publisher of the Johnston Sun Rise.

Publisher
John I. Howell Jr. - JohnH@rhodybeat.com

General Manager
Richard G. Fleischer - RichardF@rhodybeat.com

Advertising Director
Donna Zarrella - DonnaZ@rhodybeat.com

Editor
Rory Schuler - RoryS@rhodybeat.com

Sports Editor
Alex Sponseller - AlexS@rhodybeat.com

Journalists
Pete Fontaine

Classified Advertising
Amanda Nardolillo - AmandaN@rhodybeat.com

Circulation
Leslie Paz

Credit Manager
Lynne Taylor

Bookkeeping
Leslie Paz

Production Manager
Lisa Bourque Yuetner - LisaB@rhodybeat.com

Production Staff
Monique Rice - MoR@rhodybeat.com

Advertising Representative
Natalie Payette - NatalieP@rhodybeat.com

Spotlight Profile Writer
Jennifer Coates - JenniferC@rhodybeat.com

Tel: 401-732-3100
Fax: 401-732-3110

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FATHER'S FRIENDS: Among the many people who enjoyed Saturday's Steak and Cigar Night at Our Lady of Grace were from left: Ron and Marie Curtis, Jen Burns, Father Peter J. Gower, Joe Grasso, Sen. Frank Lombardo and Marvin Carter. (Sun Rise photos by Pete Fontaine)

■ OLG

(Continued from page 1)

Hill, Cherry Hill Manor and Lorraine (from) RI Beef and Veal that provided the largest steaks I have ever seen, J&T Restaurant, Chicken Coop, Strings Bar & Grill, Bread Boss and Anchor Bay at Pocasset with the help of Jen that made the event a special success," according to organizers.

Father Gower said the "great event now leads us into the Grand Feast of Madonna della Difesa that will run through Sunday night."

Last night's Mass — which was followed by the annual candlelight procession and Rosary — kicked off the 2022 feast that will have a marvelous menu ranging from tonight's tripe & soffrito to tomorrow's fish & chips and linguini with quahogs, to Saturday's list of steak sandwich, calamari, polenta and sausage and peppers. Sunday's featured food will be OLG's famous lasagna.

In keeping with tradition, the menu will also include plates of macaroni and meatballs, chowder and clam cakes, veal and mushrooms, a variety of sandwiches as well as delicious desserts like apple crisp, ice cream, cookies, cakes and pastry.

Harold Fera's Rockwell Amusements set up the many carnival rides and games of chance tents. Admission is free, and the feast and festival will go on rain or shine with free admission. The feast begins tonight at 5 o'clock and runs until 9 pm. Tomorrow and Saturday hours are from 5 to 11 p.m. and Sunday, from 11:30 a.m. to 7 p.m.

Sunday will be a full day of activity beginning with the 10:30 a.m. mass in honor of La Madonna della Difesa, with Father Gower as the concelebrant and Rev. Msgr. Carlo F. Montecalvo as the main celebrant and homilist. The annual procession with the statue of the Madonna will follow and continue through the streets of Johnston.

September is National Senior Center Month

By Denise Bell
Special to the Sun Rise

The Johnston Senior Center is celebrating National Senior Center Month throughout September. This year's theme: "Senior Centers: Strengthening Community Connections."

Senior centers have evolved since their beginning in the 1940s, through their inclusion in the Older American's Act in 1973, and up to today.

The mission has remained: to be the local, trusted place in the community that connects people to the programs, services, and opportunities they need to age well, according to the NCOA.

We at the JSC are participating by bringing our community members together and providing fun and exciting new programming this month to our Center.

TAI CHI

An eight-week Tai Chi Class begins Tuesday, Sept. 20, with Master Deborah Leong. This is a "No Impact" Health Improvement Exercise Program.

Master Leong is a sixth degree Black Belt in Martial Arts, and Certified in several types of Tai Chi. The cost is \$24 for the entire session. This is a great program for those with Arthritis, need Balance, and/or strengthening!

MEMORY BOOK CLASS

This is a six-week class beginning Sept. 23. We will meet Fridays mornings, from 9:30-11 a.m. The total cost is \$6. It will be a fun time of reminiscing about your family. You will be creating a Memory Book for yourself or to share with your family. You will enjoy working on family stories and scanning past family photos. No computer skills are needed. We

will have an assistant available to help.

BASIC CONVERSATIONAL ITALIAN

Have you ever wished you could speak Italian?

The class will begin September 13, and be held on Tuesday afternoons, from 10:30-11:30 a.m. Learn how to speak Italian phrases for your own interest or for when traveling.

The cost is \$30 for the six-week session. Maria Libera Valone, our new instructor, has her Master of Arts in Italian from Universitas di Firenze with Middlebury College. She is a two-time Fulbright Scholar to Italy, and taught Italian for 34 years in Newton, Massachusetts, where she initiated the first exchange program at an American high school and Italian high school, which is now in its 40th year!

TAKE BETTER PIX

On Tuesday, Sept. 20, Steve McGrath Photography will begin another five-week session. This has been a very popular class. It is structured for Beginners or Intermediate level (those who have taken prior classes). The session will consist of three classroom and two "on Location" classes.

We will meet on Tuesday mornings, from 9:30-11 a.m. The cost is \$50 for all five weeks.

AGING DISGRACEFULLY

We also have a Comedy Show "Aging Disgracefully" here on Thursday evening, Oct. 13.

We are excited to be offering these new programs for our community and can't wait to have you involved! Please Contact the center for information and/or to register at 401-944-3343.

Editor's Note: Denise Bell serves as Assistant Director at the Johnston Senior Center.

LEGAL NOTICES

Public Auction Legal Notice

To: STEPHEN PATINO 25 DAY ST JOHNSTON RI, TOYOTA MOTOR CREDIT PO BOX 105386 ATLANTA GA. A public auction will be held at 775 Hartford Ave Johnston RI. On SEPT 17, 2022 at 900 Am. The vehicle 2016 TOYOTA 2TD3FREV6GW535509 belonging to the above. The auction being held is to satisfy towing and storage.

9/8/22

JOHNSTON ZONING BOARD MEETING AGENDA Thursday, September 29th, 2022 at 6:30 PM Johnston Senior Center 1291 Hartford Avenue

Notice is hereby given that the Zoning Board of Review will hold its monthly meeting on September 29th, 2022 at 6:30 pm, at Johnston Senior Center, 1291 Hartford Avenue. All persons interested in the following proposals are requested to be present at this time. The assembly facilities are accessible to the handicapped. Persons requiring special accommodations shall call the Zoning Office at least 48 hours in advance of the meeting (401) 231-4000 ext 4117. Persons utilizing TDD equipment may contact the Town through "Relay Rhode Island" at 1-800-745-6675. The agenda for the evening will be as follows, subject to change:

New Business

File 2022-16 – Petition of John Rosa, Owner/Applicant for 98 Greenville Ave, AP 16 Lot 353, zoned B-2. The petitioner is seeking a use variance for Commercial Storage of Vehicles- Dump Truck and Pickup Trucks.


File 2022-17 – Petition of Pamela and Kevin Sampson, Owner/Applicant for 1311 Central Pike, AP 43 Lot 670, zoned R-40. The petitioner is seeking a dimensional variance of section 340-25C for construction of a detached garage and cold storage.

File 2022-18 – Petition of Lamar Advertising Company, Applicant for 1232 Hartford Avenue, AP 20 Lot 299, zoned B-2. The petitioner is seeking a use variance section 340-42A for modification for an existing billboard with electronic/digital advertising panel.

NOTE: If a Case has not been called for a hearing by 10:30 p.m., the Board, at its discretion, may continue the Case to a subsequent or a special meeting. The Agenda and Minutes are available for review at ClerkBase on the Town's web page or Monday through Friday between 8:00 a.m. and 3:00 p.m. at the Building Office, 100 Irons Avenue, Johnston.

Per order of the Zoning Board of Review
Thomas Lopardo, Chairman

9/8, 9/15, 9/22, 9/29/22




Town of Johnston Notice of Public Hearing

Notice is hereby given pursuant to Rhode Island General Laws § 24-6-2 that the Johnston Town Council will hold a public hearing at the Johnston Municipal Court, 1600 Atwood Avenue, Johnston, RI 02919, on **September 14, 2022 at 7:00 pm.**

The purpose of the public hearing is to consider proposed **Ordinance 2022-17 (Formerly 2021-CP-87)**, an ordinance regarding the abandonment of a portion of **Naples Avenue**, located on **Assessor's Plat 5**. All persons interested in the above Ordinance may attend the hearing and be heard. Individuals requesting interpreter services for the hearing impaired must notify the Office of the Town Clerk seventy-two (72) hours in advance of the hearing date.

Per Order:
Robert V. Russo, President
Johnston Town Council**Attest:**
Vincent P. Baccari, Jr.
Town Clerk

8/25, 9/1, 9/8/22



Town of Johnston Notice of Date Change For the September Town Council Meeting


Notice is hereby given that the September meeting of the Johnston Town Council has been Re-scheduled from September 12, 2022 to:

Wednesday, September 14th, 2022 at 7:00 PM

**At the
Johnston Municipal Court Building
1600 Atwood Avenue, Johnston, Rhode Island**

Per Order:
Johnston Town Council
Robert V. Russo, President**Attest:**
Vincent P. Baccari, Jr.
Town Clerk

9/1, 9/8/22



Obituaries

In your time of need, the *Johnston Sun Rise* will print your loved one's full obituary for a small charge. The paper also places the obituary on our website, johnstonsunrise.net.

Should you desire our services, kindly inform your funeral director, or call (401) 732-3100 or email AmandaN@rhodybeat.com for additional information. Obituary prices start at \$60. You may include the obituary in any of our other newspapers for half price.

– Thank you

FIRST DAY PHOTOS



Juliana Mattson, Grade 4, Winsor Hill



Dean Fisher, Grade 5, Winsor Hill



Stranger Things super-fan Alana Domingos

EDITOR'S NOTE: Once again, the Johnston Sun Rise asked and our readers answered loudly. We urged parents to post their youngsters' first day of school photographs on our Facebook page, and dozens responded. We have a deep well of photos to publish, so check our pages for the next few weeks. We'll do our best to run each and every one, but it will take several editions. If you missed our online appeal, please feel free to email your photos to Sun Rise Editor Rory Schuler at rorys@rhodybeat.com. Don't forget a caption (please include your child's full name and grade).



Julia McLellan, Grade 8, Cecilia Martins and Jaelyn Jordan, Grade 7, Ferri MS



Fifth grade best friends: McKenna Pace, Ali La Fazia and Kennedie Pace



Ethan, Grade 2, and Sophia Gagnon, Kindergarten

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- Infant/Toddler/Pre-K Programs
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Our Annual Event

Come & join the **Johnston Republican Town Committee** to meet and chat with our Johnston candidates as well as our special guest speakers . . .

Dinner is buffet style with a cash bar
Bring a friend or three and have a great evening and enjoy our silent auction!

Where:
Copperfield's
678 Killingly St ~ Johnston

Monday, September 19th, 2022
6:00 – 10:00 p.m.

\$50.00 per person / \$85.00 per couple

Register online using this QR code or personal checks accepted at the door



Special Guests
Ashley Kalus and Allan Fung



A Dinner with Friends

Paid for by the Johnston Republican Town Committee

Get The Medicare Benefits You Deserve

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- ✓ Dental
- ✓ Vision
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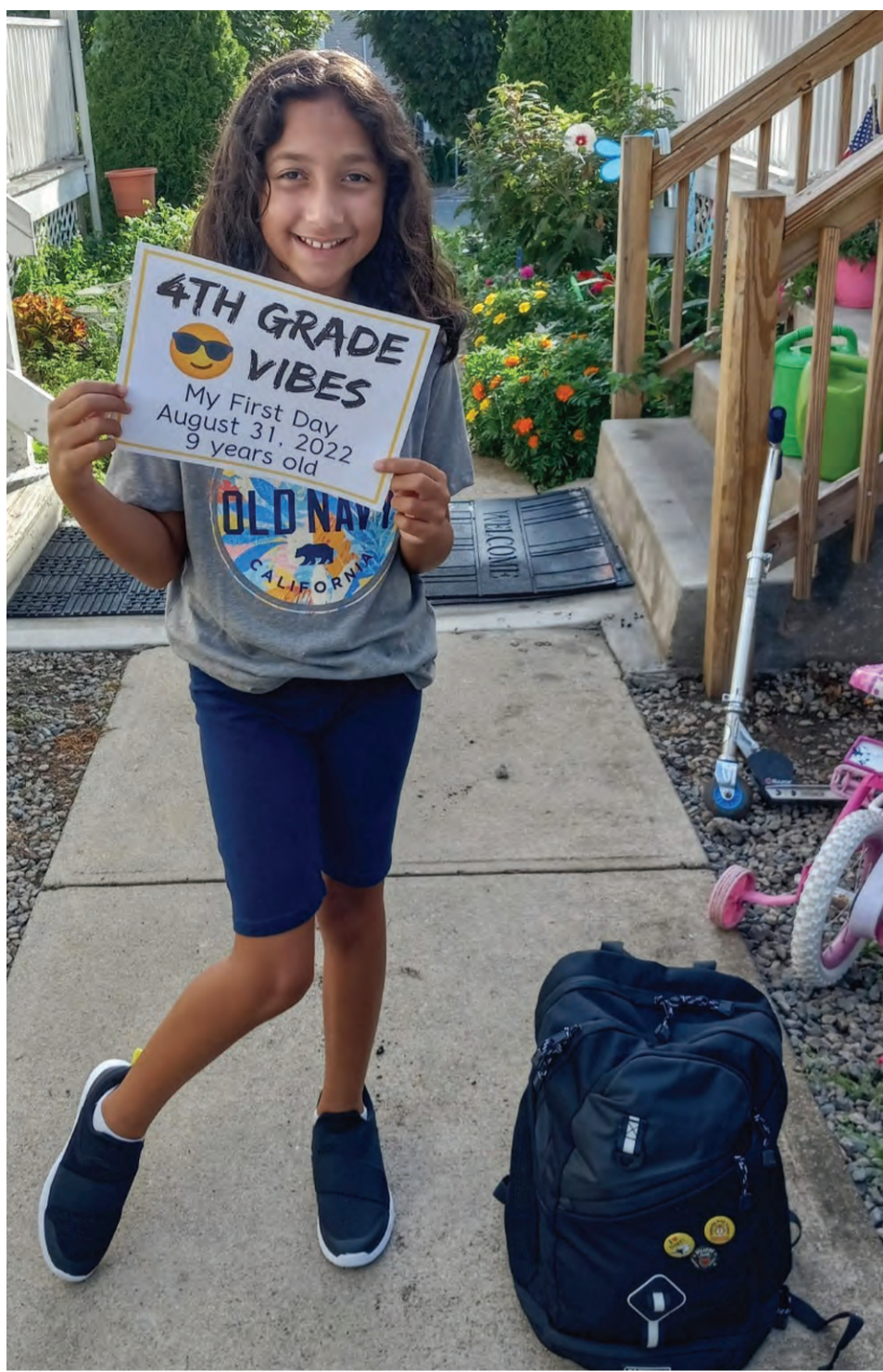
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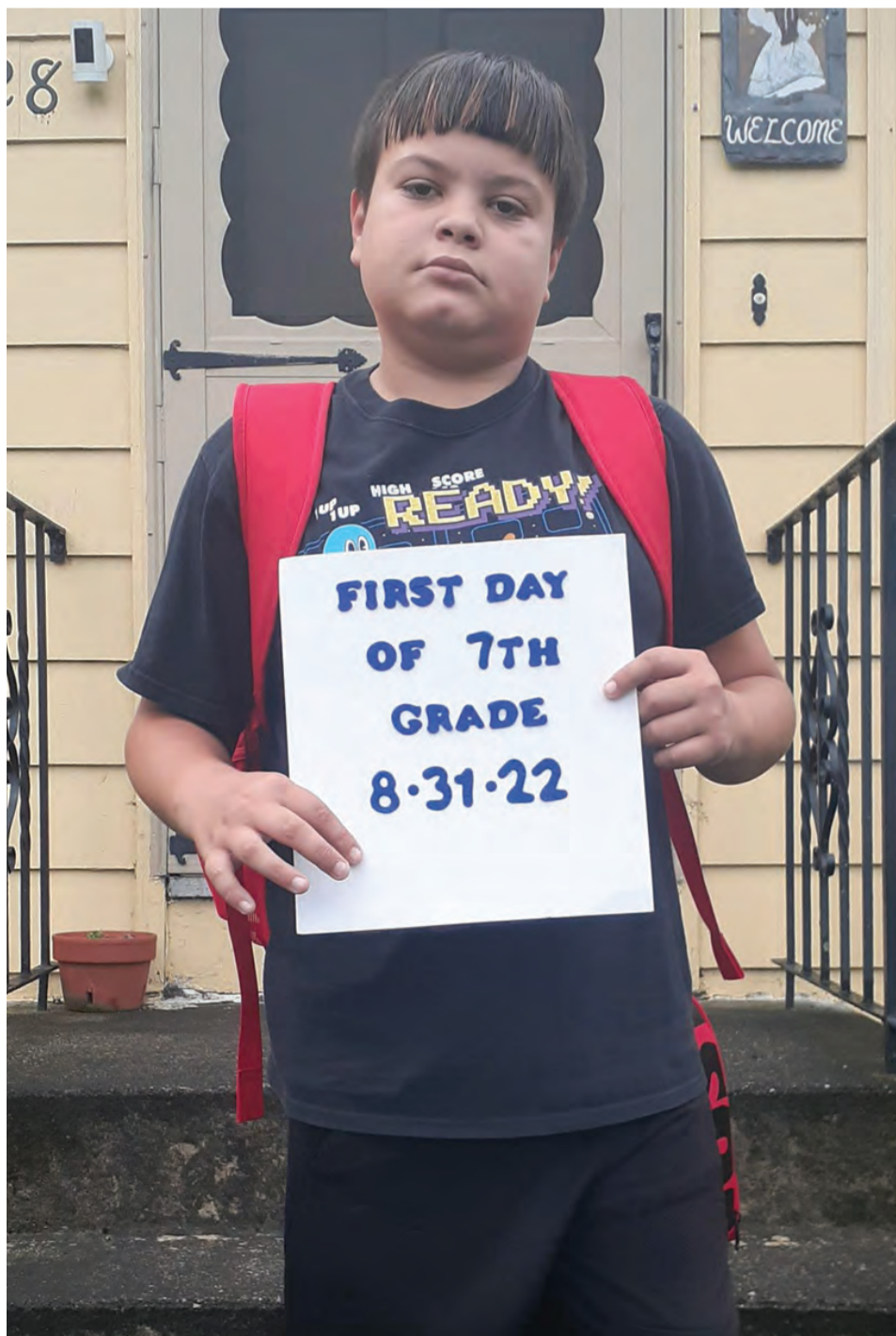



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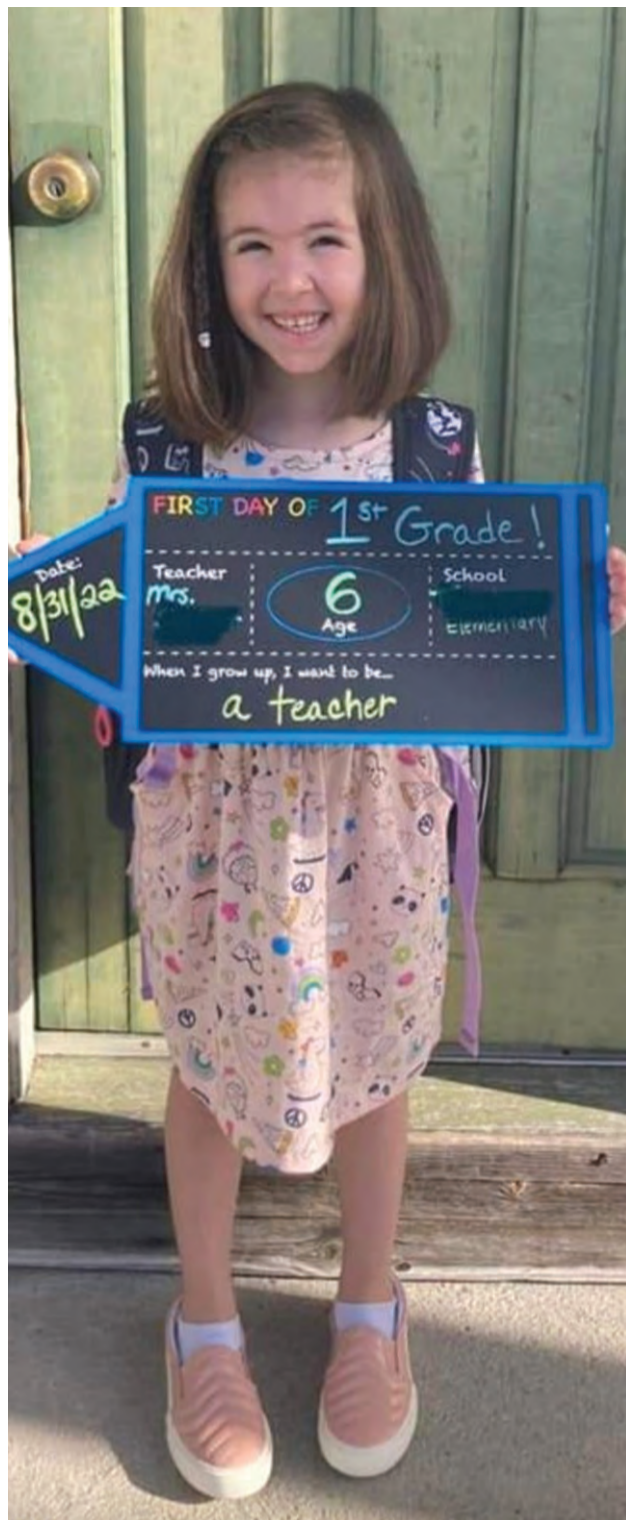
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	1	2	3	4	5	6		7	8	9	
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	38									39	
	40							41	42	43	
44					45	46	47				
48					49						
50					51						

CLUES ACROSS

1. Grievous
7. Queens ballplayer
10. Honorable title
12. Created
13. Grillmasters do it
14. Wartime German cargo ship
15. Cocoplum
16. Hebrew calendar month
17. British thermal unit
18. Brews
19. One of Thor's names
21. Decorative scarf
22. Clothes
27. - _ : denotes past
28. A way to address a lover
33. Commercial
34. Utters repeatedly
36. Google certification (abbr.)
37. Taxis
38. Belgian village in Antwerp
39. Talk excessively
40. Broad volcanic crater

CLUES DOWN

1. Protein-rich liquids
2. Musician Clapton
3. Wine
4. When you hope to arrive
5. Something one can get stuck in
6. Midway between east and southeast
7. Mothers
8. German river
9. Israeli city ___ Aviv
10. Discharged
11. Areas near the retina
12. Greek mythological sorceress
14. Very unpleasant smell

17. "___ Humbug!"
18. White poplar
20. Journalist Tarbell
23. Teachers
24. One older than you
25. Long Russian river
26. Run batted in
29. Beloved Hollywood alien
30. Holiday (informal)
31. Furniture with open shelves
32. Argued
35. Sino-Soviet block (abbr.)
36. Cars have them
38. Volcanic craters
40. Made of fermented honey and water
41. Shelter for mammals or birds
42. One who utilizes
43. Moves swiftly on foot
44. Builder's trough
45. Architectural wing
46. 12
47. Pacific Standard Time



Hunter Desrosiers' first day of Middle School at Ferri

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■ Meri
(Continued from page 1)

Howell remembered some unusual editorial pitches from Meri — including a “man on the street” style piece done while dressed in a Peeps candy costume — that, despite his skepticism, ultimately ended up being successful and resonated with the community.

“As Meri will tell you, she loves being the bearer of good news ... It’s the stories that people clip out from the pages of the paper and clip proudly to their refrigerators that she gravitates to,” said Howell at the ceremony.

At the event, Meri said she was “proud to say I’ve dedicated my life to our community.”

“I get to tell your stories, celebrate your victories, and at times share your sorrows ... I’m not perfect by any means, but I always strive to do my best. And to think that you appreciate my efforts means everything to me,” said Meri.

Meri was a breast cancer survivor and also wrote a book, “My Enemy, Myself,” about her journey as a survivor of childhood sexual abuse and has served as a volunteer and mentor for various organizations and schools, including the Community Emergency Response Team, the Gloria Gemma Breast Cancer Resource Foundation, Pilgrim High School and Eden Park Elementary School.

Besides her companion, she leaves her daughter, Jennifer R. Rawson and her husband Christopher of Whitinsville, Massachusetts; two granddaughters, Maddison and Amelia Rawson; a sister, Lorri Perry and her husband Carl of Manassas, Virginia; a brother, Arnold Geller and his wife Maureen of Warwick; and many nieces and nephews.

A celebration of Meri’s life will be held at a later date. In lieu of flowers, memorial contributions may be made to Defenders of Animals, P.O. Box 5634 Weybosset Hill Station, Providence, RI 02903-0634.



AND THEN SHE DRESSED AS A PEEP: After launching her “Peeps Show” with giant-sized hand held Peeps, Meri notched it up with a Peeps outfit which she wore into the Beacon Communications (Beacon, Herald and Sun Rise) office. Here she shows it off to publisher John Howell. (Sun Rise FILE photo)

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100 YEARS

Her secret to longevity: 'Don't give a damn!'

Sun Rise Special Report

The year was 1922 ... the price of gas was just 21 cents a gallon and an automobile could be purchased for between \$1,100 to \$2,000.

It was a year that many prolific women were born: Judy Garland, Doris Day, Betty White, Ava Gardner, Bea Arthur, Cyd Charisse and Johnston's own Joan Margaret Osterhout Ruberg.

Ruberg, a woman of many notable achievements entered the Centenarian Club this week when, surrounded by her daughter Carol Nahod, son-in-law Michael Nahod, her Briarcliffe caregivers, Johnston Mayor Joseph M. Polisena, Briarcliffe President and CEO Akshay K. Tawlar, and Briarcliffe Vice President of Operations Kyle Naylor, she celebrated her 100th Birthday on Sept. 6 at Briarcliffe Gardens in Johnston.

In addition to a special proclamation from Polisena, Ruberg was presented with 100 hand made cards courtesy of Mrs. Cerbo's Fifth Grade Class at Thornton Elementary School in Johnston.

Briarcliffe Gardens Activity Director and master party planner Jennifer Rossi coordinated with the students who incorporated mentions of some of Joan's favorite things in their hand made cards: coffee, butterflies and the beach along with her favorite colors, lavender and gold, which were also reflected in the party décor of over 100 balloons including a grouping spelling out Happy 100th Birthday.

It's worth noting that Joan is not a fan of cake, but loves ice cream, so the culinary team at Briarcliffe Gardens came up with a homemade ice cream cake in honor of the birthday girl. It featured a layer of chocolate cake, a layer of vanilla cake and a thick layer of ice cream in the middle. Decorated in the theme colors of the party, it didn't last long!

Local entertainer Kim Oakes Parenteau was on hand to lead happy birthday and sang a medley of some of Joan's favorite songs. Joan's caregivers added their birthday tributes:



BRIARCLIFFE FAMILY: Centenarian Joan Ruberg poses for a photo with her Briarcliffe caregivers and family.

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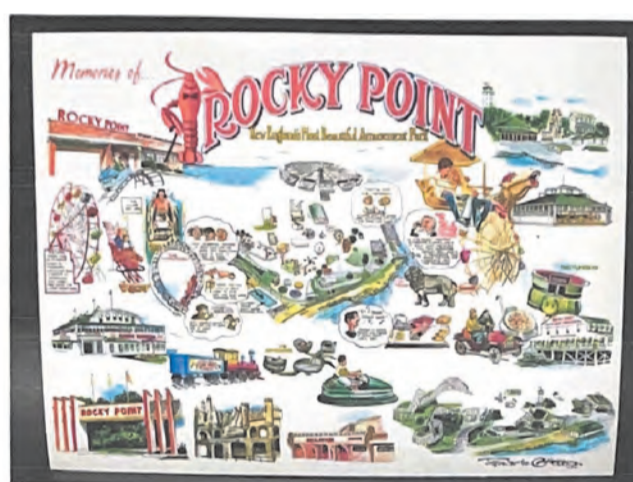


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FACEBOOK

100 Years

(Continued from page 16)

"I love Joan's humor."
"She is the funniest person and super carefree and goes with the flow."
"I love Joan's spunky, down to earth attitude."
"I love her witty personality."

Ruberg was born in Detroit, Michigan to Grace and Peter Osterhout. Her mother, Grace, was a homemaker and her father, Peter, was a home builder. Joan refers to herself as the caboose of the family, born after Grace and Peter were married more than 20 years. She had four older siblings who are now deceased: Garnett, Olive, Lena and Clifford Ruberg. She attended school in Windsor, Canada, from her home in Detroit. She loved history, literature and can still, at 100 years young, recite poetry and lines from Macbeth.

After graduating high school, Joan found it challenging to find a job that was fulfilling so she joined the U.S. Navy. At that time, America was fighting the Korean War. She enlisted in March, 1950, and discharged in October, 1953, when she and her husband decided to begin a family. Upon discharge, Joan was awarded the American Defense Medal.

Joan Osterhout met her husband, Albert Ruberg, who was also in the military, at Camp LeJune in North Carolina. They were married in 1953 and soon after started their family and had a baby girl, Carol, while Albert was stationed in Bethesda, Maryland.

She became a hematology lab technician and was employed at the National Institute of Health in Bethesda, for more than 30 years. While living in Bethesda, Joan attended classes at Montgomery County Junior College in Rockville, and often took classes just to learn new things, along with her husband who occasionally joined her learning journey.

Ruberg had a passion for art and the civil war trail. She retired after more than three decades and then had fun traveling the Civil War trail with her family and enjoying life to the fullest. She loves the ocean and the beach, being by the water. She tended beautiful gardens and loved rocks and stones (she would sometimes make her hubby stop on the side of the road for a rock she was interested in). Joan had a gift for art; oil and acrylic paints were her favored mediums.

Joan was widowed in 2001 and has been a Rhode Island resident for more than 20 years since joining her daughter Carol Nahod and son-in-law, Michael, in the Ocean State. She has been an active member of the Briarcliffe Gardens community since February of 2020 and is admired by all.

When asked for her secret to longevity, Joan replied: "Don't give a damn!"
Happy Birthday Joan!



IT'S OFFICIAL: Johnston Mayor Joseph Polisena presented Joan Ruberg with a commemoration of her 100th birthday while her son-in-law Michael Nahod, Akshay Talwar and her daughter Carol Nahod look on. (Submitted photos)

CENTURY OF CARDS:

Joan Margaret Osterhout Ruberg received 100 birthday cards from Mrs. Cerbo's Fifth Grade class at Thornton Elementary School.



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PERFECTING PRACTICE: Children like Owen Sterpis, Ilianna Arsenis, Lily Trikoulis, Stella Andreotis Alex Aresnis, Melina Masganas, Gwyneth Xynellis and Melinia Santoro Brown are among of the many Odyssey Dance Troupe members who'll perform during this weekend's 25th Annual Cranston Greek Festival. (Beacon Communications photos by Pete Fontaine)

Food, music, dancing highlight Greek culture at Church of the Annunciation in Cranston this weekend

By PETE FONTAINE

The late Reverend Peter G. Mihailides would be proud of what will take place this weekend on the spacious grounds at 175 Oaklawn Avenue in Cranston.

One hundred and one years ago, Father Mihailides immigrated from his native Nysiros – a.k.a. the Dodecanese Islands -- in Greece, settled in Rhode Island and celebrated the First Divine Liturgy at Church of the Annunciation on Pine Street in Providence on March 25, 1921.

He was joined by his family – Presbyera Calliope and their three children – Helen, George and Emmanuel – in 1927 and was the first pastor in parish history who was married.

As time went on, Father Mihailides had the idea of holding a church picnic on the grounds of the now vacant Club 400 in West Warwick (later West Valley Inn) that became a tradition and has since blossomed into a three-day fun and food fest that ranks among the state's most cherished summer traditions known as the Cranston Greek Festival that will open its 36th annual three-day run this weekend.



Reverend Peter G. Mihailides

■ GREEK - PAGE 25

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Sports



PASS: Johnston freshman Josue Vasquez passes the ball during a scrimmage last week. (Photos by Alex Sponseller)

Panthers look to take step forward

By ALEX SPONSELLER

The Johnston boys soccer team is preparing for its season opener this Friday night and is looking to have a big year in Division III.

Last year was a mixed bag for the Panthers, who finished the regular season with a 5-10 record. This fall, the Panthers will be led by plenty of upperclassmen and will also feature a few new faces in the mix with a couple of middle school imports who enter their freshmen years.

The Panthers got their first taste of action last week when they traveled to Warwick to scrimmage with Toll Gate and then played their Injury Fund exhibition at Smithfield.

Johnston coach John Sousa has been encouraged this preseason, especially in the team's Injury Fund performance.

"This year I think will be a good year. We have new



CAPTAIN: Johnston's Marlon Soto battles for the ball last week.

■ PANTHERS - PAGE 21

My final football predictions

Here we go, it is finally opening week of the high school football season. Most league schedules begin next week, but this will be the week that teams go for four full quarters with games that count toward their overall record.

Here are my predictions for the regular seasons for each of our teams. In the past I have included play-off predictions but have realized that they are pretty broad typically. Other than predicting Hendricken winning the state title, I am usually a little vague which I can't help but be when going totally based on projection.

So, point being, this year I will stick to my final regular season predictions and maybe throw in a point or two beyond that for each team. Let's take a look.

Johnston

The Panthers overcame a slow start after appearing in the Super Bowl but

My pitch



by
ALEX
SPONSELLER
SPORTS EDITOR

ALEXS@
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would rebound and be one of the most dangerous teams in Division III last fall. I will say, the Panthers did lose a substantial amount of talent to graduation.

Between losing its quarterback, top receiver, top linebacker, this team will have a number of holes to fill and items to sort through. Don't get me wrong, I believe that the past couple of seasons have instilled a winning pedigree within this program, I'm not expecting a free fall. I am, however,

■ PITCH - PAGE 20



OPENING WIN: Lauren Macera, who won her match via shutout. (Photo courtesy of RIC)

RIC wins opener

FROM STAFF REPORTS

Junior Lauren Macera (Cranston) picked up a shutout win (6-0, 6-0) at No. 2 singles as the Rhode Island College women's tennis team opened up the 2022 season with an 8-1 victory at Salve Regina on Saturday afternoon.

RIC swept all three doubles matches to build an early, 3-0, lead. Macera and senior Jenna Lisi (Cranston) won, 8-3, at No. 1 doubles.

The visitors took five of six in singles action to seal the win. Lisi was dominant at No. 1 singles, losing only one game (6-1, 6-0) in the sweep.

In upcoming action, Rhode Island College will play at Clark on Thursday, Sept. 8 (4:30 p.m.).

Pitch
(Continued from page 19)

expecting this to be more of a building year and step back. The Panthers need to regroup, and I'm not sure that one offseason will be enough time to do it. Predicted record: 3-6 (Last year's record: 5-4)

Hendricken

Now, Hendricken did play its first non-league game last weekend when it traveled to Monsignor Farrell High School in Staten Island, New York and dropped a tough 31-27 decision. I am being a bit of a front runner here, but it is what it is.

The Hawks have another tough, tough schedule this fall. Between three out-of-state matchups and the new alignment that squares them off against La Salle, Central and North Kingstown, they'll have their work cut out for them.

Of the three out-of-state games, I projected the Hawks to go 1-2. I knew nothing about Monsignor Farrell and

Londonderry, New Hampshire, who they'll be taking on next. I do, however, know quite a bit about Catholic Memorial of Massachusetts, who is one of the best teams in New England and beat both Hendricken and La Salle last fall.

I figured the game against Catholic Memorial would be the only loss I'd feel confident in picking for the Hawks. From there, I figured they'd split the other out-of-state games.

As for league games, it's really hard to pick against Hendricken at this point, even if it is going through a buzzsaw.

Predicted record: 7-2 (Last year's record: 6-2)

Pilgrim

Pilgrim will enter this season with a new quarterback and with a few big holes to fill from last season. Between losing do-it-all standout Brady Burke, bellcow back Danny Halliwell and a handful of others, the Pats have some big questions heading into the season.

Head coach Blake Simpson and his staff always do a good job of knowing the temperature of the team. Even in

the 2020 spring season in which Pilgrim was moved up a division and struggled, Simpson and company always seemed to have things under control as I expect them to have this year.

Pilgrim actually has a sneaky hard schedule this fall, both league and non-league.

The team is opening its season with a non-league matchup against Division II East Providence, and then will also face reigning DIII champ Narragansett, as well as other tough matchups against Ponaganset, Rogers, Mt. Hope and Johnston.

You can't take a whole lot out of the injury fund exhibitions, but Pilgrim fell 15-0 to Barrington in theirs. If I had to guess, I'd say Pilgrim gets off to a slow start and improves as the year goes on.

Predicted record: 4-5 (Last year's record: 5-1)

Toll Gate

The Titans, as you know, are undergoing a massive facelift. Between a new coaching staff and a young roster that is still sorting itself out in just about every area, the Titans are perhaps the toughest team to really call of the bunch.

In reality, the Titans probably should have been moved back down to Division IV. I know that the realignment is based on a number of factors, but with so many moving pieces, I think Toll Gate probably would have benefitted from a year below while it sorts things out.

Toll Gate also has a tough schedule, both in and out of its league matchups. New coach Jim Miceli is about as experienced a coach as you'll see at the high school level, so I'm going to assume that he will be a breath of fresh air for the team. However, beyond that, there are just too many uncertainties.

Predicted record: 1-8 (Last year's record: 1-8)

Cranston East

The Thunderbolts return much of their lineup from last fall and seemed to be heading in the right direction in the final month of last season. East will have essentially the same offense back with a few key pieces returning on defense as well. East has been rebuilding the last few seasons and the hope is that this will be the team's re-emergence.

There are a lot of fun matchups on the schedule this fall for East, especially thanks to the realignment. The question will be, how will the experience and continuity serve the Bolts and will East be able to compete with some of the best teams in the new Division II?

With matchups against Central, South Kingstown and Portsmouth, I can't say that I'm expecting a ton of wins from this group, but I do have faith that it will show progress overall this fall.

Predicted record: 3-6 (Last year's record: 1-8)

Cranston West

The Falcons are very similar to the Bolts in that they are young and rebuilding, but now have some experience and continuity under their belts.

With the same quarterback and the return of a few other playmakers on offense, as well as some leaders on defense, I am thinking pretty much the same as I am with East. I'd say that the Falcons have a slightly more forgiving schedule, and they did look good in the injury fund match which is nice to see.

I'm excited to see if West can fly back onto everyone's radar, which I believe that it will. Despite tough draws against teams like Hendricken, Cumberland and St. Ray's, I believe the Falcons will take a step forward this year.

Predicted record: 4-5 (Last year's record: 1-8)

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Harris steps down at CCRI

The Community College of Rhode Island announced Rick Harris will not return as head men's basketball coach for the 2022-23 season.

Marcus Douthit, a former Providence College standout who played professionally for 14 seasons and joined CCRI in 2019-20 under Harris, will begin the upcoming season as the men's interim head coach.

"Rick has had an outstanding coaching career at CCRI and is a first-class individual," said CCRI Director of Athletics Kevin Salisbury. "We are certainly grateful to Rick for his work with the men's basketball program and the way in which he represented the college through his tenure. We have a great deal of respect for Rick and wish him and his family the very best."

Just the third coach in the program's history, Harris enjoyed tremendous success at CCRI, winning 301 games over the span of 15 seasons between 2006 and 2022 (excluding 2020-21 when the season was canceled due to the COVID-19 pandemic).

Harris finished his tenure with a .638 win percentage, second only to Hall of Fame coach Vin Cullen, and led the Knights to eight Region XXI championships, three Northeast District championships, and four appearances in the National Junior College Athletic Association (NJCAA) National Tournament.

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BOX OUT: Johnston's Dylan Robbins works his way past a defender.

■ Panthers

(Continued from page 19)

players but we seem to have a lot of talent. I believe that we should make the playoffs if everything goes well and we stay healthy," said Sousa. "We had our Injury Fund game and I was very happy. The kids were a little scared going up against a Division I school. Losing 3-1 was a good loss. We made a couple of mistakes that cost us, but those are mistakes that they know they made and hopefully they work on it. We'll take that. The biggest thing is staying in good health."

Among the leaders for the Panthers

will be seniors Dylan Roberts, Marlon Soto and Caleb Guimaraes. Sousa not only expects them to lead on the field, but off it as well and to set good examples for the younger players looking to make an impact.

"Dylan Robbins is our key player, as well as Marlon Soto. Caleb as well, those three are going to be our top players and they're going to control the game. They just need to be supportive of the team and to have good attitudes, good sportsmanship for the younger players," said Sousa.

The team was scheduled to face St. Ray's in its opener on Tuesday but the game was postponed due to weather. The Panthers will now host Mt. Pleasant this Friday at 6 p.m.



BREAK AWAY: Johnston freshman Maxwell Halton takes the ball up the field.

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STRIPED BASS: Jeff Sullivan, an associate at Lucky Bait & Tackle, Warren, with the 53-pound striped bass and caught and released off Newport this weekend using a top water lure. (Submitted photos)

Angler voices heard at climate workshop

By CAPT. DAVE MONTI

Recreational angler voices were heard at the East Coast Climate Change Scenario Planning Workshops held Aug. 17 and 23, 2022. The initiative is sponsored by the three East Coast Fishery Management Councils, the Atlantic States Marine Fisheries Commission and NOAA Fisheries.

The aim of the East Coast Climate Change Scenario Planning initiative is to try to guess, with the available scientific information we have, as to what recreational and commercial fishing will be like in twenty years. How will climate impact us, what can we do to prepare and how should governance and how we manage fisheries be adjusted to accommodate change.

Members of the Rhode Island Saltwater Anglers Association and their affiliates attended both input sessions which were designed to garner input on possible scenarios developed by a working group of 75 scientists, commercial fishers and anglers last month.

Greg Vespe, Executive Director of the Rhode Island Saltwater Anglers Association, summarized member input at the workshops in a letter sent to the Scenario Planning Core Team. Here are some highlights.

First, we believe climate change is and will have a profound impact on recreational fishing. With all the uncertainty ahead, we emphasize that abundant, healthy fisheries should still be the goal of management.

New arrivals. Fish stocks arriving in new areas due to climate impacts will experience an explosion at first, plenty of food, limited predators, but the boom may not last for 20 years, things even out so need a scenario like this.

What will things be like 20 years from now i.e. striped bass spawning in New England, BSB biomass in Canada?, etc. Very hard to predict. Not enough of this visioning was integrated into the scenarios.

Recreational fishing is at a big disadvantage as we have data poor stocks already i.e. bonito, false albacore with little research done to date as they are

not commercially harvested versus science now available on summer flounder, scup, black sea bass and other fish that are commercially harvested.

Does all this fish movement mean species will be spawning in different places i.e. striped bass and will we have the habitat and spawning grounds to support them, and how can we get ahead of things and plan for the use of new spawning grounds?

Protected species/mammals are expected to be greatly impacted i.e. whale collisions in northeast with recreational boaters/fishers this summer.

In all scenarios recreational fishing is taking it on the chin as access points are disappearing due to sea level rise, habitat degrading, etc. Even with the best case scenario of good/accurate science and healthy stocks access points are disappearing with urban anglers suffering most and social environmental justice becomes a major part of the climate impact discussion as it relates to recreational fishing.

"In summary, as part of the solution phase, we need to identify recreational and commercial climate research needs separately to accommodate recreational species that are data poor," said Greg Vespe. "We need to assess climate research and stock assessment needs, put a number to them, and work together to seek funding and get it approved being mindful of social environmental justice concerns every step of the way."

Where's the bite?

Striped bass, bluefish, bonito, false albacore and mackerel. Harrison Gatch of Watch Hill Outfitters, Westerly, said, "Striper fishing from the beaches and on Westerly/Watch Hill reefs slowed a bit this week. Many anglers who normally fish Block Island for bass are fishing for tuna."

Jeff Sullivan of Lucky Bait & Tackle, Warren, said, "Striped bass fishing is definitely off a bit, around Newport, at Block Island and in front of Point Judith. Patience is the name of the game with striped bass the last couple of

weeks. We also have lots of bonito, false albacore, chub and frigate mackerel to play with on the surface too."

The false albacore bite came alive this week with anglers catching more of them. The bluefish bite has been good along the coastal shore, in and around the Cape Cod Canal and in Narragansett Bay as well. We casted to blues on the surface feeding on peanut bunker (immature Atlantic menhaden) this week for a couple of days in the West Passage off Quonset Point, North Kingstown. The fish were all over 30 inches.

East End Eddie Doherty said, "The bluefish that had invaded the Cape Cod Canal are now accompanied by enormous schools of striped bass! Last Wednesday brought the first real blitz of the season when hundreds of schools, slots and larger striped bass rode by the Railroad Bridge on an east flood tide just after first light. The fish were hanging close to the Cape side where the partial shade provides slightly cooler water temperatures. Expert angler Bob Weir from Taylor Point landed some fish on the beach at the Massachusetts Maritime Academy including a slot at noon that fell for a white Al Gags soft plastic jig half way through the west tide. The boiling surface magic has continued every morning with multiple catches of big fish."

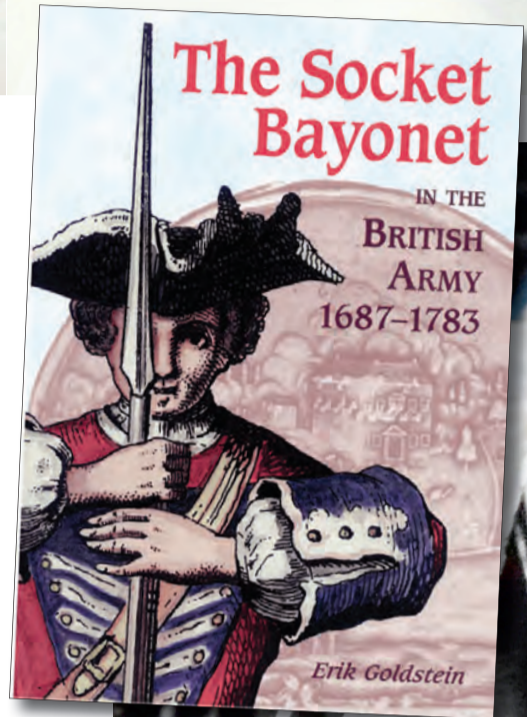
Tuna. "The yellowfin tuna bite around the Block Island Wind Farm has been outstanding with the bluefin tuna bite good offshore," said Jeff Sullivan of Lucky Bait & Tackle. Harrison Gatch of Watch Hill, said, "Everyone seems to be focusing on hardtails. The yellowfin bite south of the Block Island Wind Farm has been very good."

Fluke, black sea bass and scup. Large scup are being caught off Newport, in our Bays and at Block Island. Just about anywhere there is structure and water movement. "Fluke fishing has been good the past two weeks at the Block Island Wind Farm with fish also being caught off Pt. Judith and Newport," said Sullivan. Gatch said, "Fluke fishing has been very good behind the Block Island Wind Farm."

COLLECTIBLES



Collecting Pre Rev War Socket Bayonets 1740-1775



By Joel Bohy
Historic Arms & Militaria
 Bruneau & Co. Auctioneers
 Cranston, RI

identify the bayonets made for the companies in Massachusetts would be tough. There are some makers named, but not all the bayonets are maker-marked. It also isn't known if all of the makers conformed to the "not less than fifteen inches long" rule. With the variety of bore sizes and guns in Massachusetts at the time, it must have been a real pain for the blacksmiths who made them.

Standard British pattern bayonets were also used. One of the bayonets I have now is a British shield pattern circa 1740-50. It is marked "XXVII/15" which is thought to be an American way of marking rack numbers on guns and bayonets during the French and Indian Wars as well as the Revolution. British bayonets are pretty distinctive and there are references out there, the best being *The Socket Bayonet in the British Army 1687-1783*, by Erik Goldstein. But what about American-made bayonets?

Some American-made bayonets try to emulate the British, but many of them are really crude. One in the bayonet collection I have is fantastic in form. It is a shield pattern with a fourteen-inch blade and a fairly long shank. The weld on the socket is hidden by the bulbous shield but can be seen on the inside of the socket. It has "WALSH" stamped in larger letters on the side of the socket, which may be the maker although it is not known for sure.

For these and many other cool British, American, and French socket bayonets, check out our December Historic Arms & Militaria auction.

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While back I talked about collecting U.S. bayonets from the American Revolution to today and how it is an affordable way to collect early material. In this blog I'm going to go back to the use of the socket bayonet in the days before the Revolution. Since most of my research is Massachusetts centric, I have to rely on that info when talking about this period.

The socket bayonet in the British army came into use around the turn of the 18th century. They seem to have come over to North America in the early 18th century. Early forms have a flat blade and look to be of fairly crude manufacture. By the mid-18th century, it was realized that a bayonet attached to a musket or civilian hunting gun would be important to the militia. During late 1757 new militia regulations were being enacted and on February 9, 1758, the new laws were published in the *Boston Newsletter*. Amongst other things, "It is also further enacted, That one Half of the Non-Commission Officers and private Soldiers, liable to train, shall be furnished with a good Bayonet, with a Steel Blade not less than fifteen Inches long, fitted to his Gun, with a Scabbard for the same; for which Bayonet and Scabbard there shall be paid out of the publick Treasury not exceeding Seven Shillings." The law also stated that bayonet returns for each company had to be turned in to the state. Many of those records survive, scattered through volumes at the Massachusetts State Archives. It did take some time to outfit half of each company in the state and a few of the returns are dated to 1760. To say we can

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BAKING BRIGADE: This is just one example of the many proud parishioners at Church of the Annunciation who spent many recent nights making and baking what resulted in upwards of 40,000 Greek goodies that will be on sale during the 36TH Annual Cranston Greek Festival this weekend.

■ Greek
 (Continued from page 18)

"It's a labor of love for everyone in our parish," offered Rev. Father Andrew George, the long-serving pastor at Church of the Annunciation. "These current days there is a lot of preparatory activity with our Odyssey Dance Troupe having many practice sessions and our pastry makers on site numerous evenings. Everyone is excited and preparing with great vigor."

Thus, all is ready for what promises to be another record-setting super social event that officially opens Friday (Sept. 9) at 5 o'clock and runs until 10 p.m. Saturday. Hours are 12 noon to 10 p.m. and Sunday from noon until 8 p.m.

"We invite people to come and enjoy a taste of Greece and our culture," said Theofanis "Frank" Markos – one of five co-chairs who is an example of the many phases of the extremely well-planned event. "We are all proud of what our Cranston Greek Festival has become."

Markos shares his unique role with Evan Andrikos, Kevin Phelan, Tina Fotopoulos Liakos and Costa Dafoulas.

Likewise, proud parishioners Koula Rougas and Roula Proyouos – who for years have been integral reasons

for the on-going success – as well as Hoda Daia have shared honors for to lead Annunciation's "Baking Brigade" who have made upwards of 40,000 pieces of Greek pastry on sale this weekend.

"Our pastry booth offers all handmade Greek goodies," said Paul Pliakakos, popular publicity. "The selection includes our famous baklava, Galaktoboureko, rice pudding, kari-dopita (Greek Walnut Cake), kourabiedes (wedding cookies), koulouria (Greek butter cookies) and melomakarona (honey cookies) that all go nicely with authentic Greek coffee or a Greek Frappe (ice coffee)."

Pliakakos also noted "our guests can sample a wide variety of Greek foods including roast lamb, Greek-style chicken, souvlaki, skewered pork or chicken, Pastisio (Greek lasagna), spanakopita (spinach pie) and tiropita (cheese pie).

Entertainment and culture are featured in many phases of the festival, highlighted by Annunciation's famous and award-winning Odyssey Dance Troupe that was founded in 1984 and performs throughout the state as well as New England.

The ODT— which will have offer five prolific performances amid Greek music beginning Friday night at 7 o'clock and back-to-back shows at 4 and 7 p.m. Saturday and Sunday -- is under the direction of Dr. Steven Rougas and his mother Koula Rou-

gas and all dancers will be dressed in different Greek costumes that represent the many regions in Greece.

"We are a Greek folk dance troupe which was formed with a goal and purpose and continues to be to unite the youth and young adults of our Rhode Island community in a fun, non-competitive environment which promotes Greek Heritage," said Dr. Rougas. "Our groups are composed of approximately 90 volunteers ages 5 and up."

Added Pliakakos, "There are many hours and as much hard work that goes into their (ODT) practices as there is during our many baking nights. When it's festival time, Team Church of the Annunciation is ready to welcome guests from all over our great state."

Likewise, as Dr. Rougas added, "The ODT started with only eight children and has grown over the 38-year history into an organization which prides itself on preserving and prompting the rich Greek culture through the art of dance."

Perhaps one of the most important parts of the Cranston Greek Festival is parking and parking is always at a premium on and around Oaklawn Avenue, additional free parking is available at Cranston High School West where free shuttle buses run continuously and drop festival-goers off directly in front of the church.

As Assistant Pastor Rev. Father Nick Lanzourakis emphasized, "Our Greek festival gives us the opportunity to provide our hospitality to all who step foot on the groups. When you come, you are family."

Father Lanzourakis then concluded, "that began as a one-day picnic many years ago has grown into what few could have imagined! This can be attributed to the hard work of our volunteers but also their love for the parish and the surrounding community. We love bringing everyone together and our satisfaction is that you enjoy!"

Fathers George and Lanzourakis will offer 30-minute church tours – one Friday night three each Saturday and Sunday – of beautiful Annunciation Church that is part of the Eastern Orthodox Church and is one of the world's oldest and richest Christian communion in the world with a global following of more than 250 people.



TASTY TREATS: Koula Rougas, Roula Proyouos and Hoda Daia hold two trays of specially made honey nut cake -- Karydopita – one of the many Greek pastries that will be featured this weekend in Cranston.

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By JENNIFER COATES

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The city of Cranston proudly welcomes Alluring Visions Wellness Center, the FIRST & ONLY center in the United States and Puerto Rico dedicated entirely to selling FARMASI products! Located on Cranston Street, Alluring Visions Wellness Center is the vision of its co-owners, Wayne and Michael Medeiros. Working closely with the Tuna brothers, Wayne and Michael opened this warm and welcoming center/retail shop in July of 2021. They proudly represent the FARMASI brand and are excited to share it with the residents of the city, and beyond.

When traveling down busy Cranston Street, be sure to stop



Meet Wayne (l) & Michael Medeiros (r), the owners of Alluring Visions Wellness Center, the only retail store in the USA which sells the internationally-known FARMASI products. They are seen here flanking the grandson of FARMASI's founder, Emre Tuna.

in and see the huge selection of FARMASI products sold here. If you are looking for a skin care line that will give your skin a dewy and fresh look, you will find it at Alluring Visions. If you are looking for a clean makeup line that gives your face a radiant, healthy glow, let Wayne help you find just what you are looking for. If you are tired of chemical-laden household cleansers, check out all the FARMASI cleansers available here. Wayne and Michael know everything there is to know about these products.

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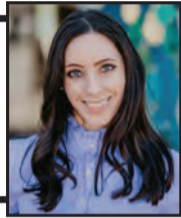

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So as a first step in getting you empowered and connected to make a real difference to the way your body looks and feels, and to the way you feel about your body... let's start with the first 9 things you should have been told by your doctor!

1. It's not your fault. You didn't do anything wrong. Actually, you did great, you birthed babies and your body is awesome!! You deserve to feel connected to your body again, you deserve to feel good about your body.
 2. The way your body feels right now is not 'as good as it gets'. You should put up with, accept or believe that you cannot be better. Don't let anybody, medical professional or otherwise, tell you different.
 3. It is not vain, selfish or a low priority to desire a body that functions as it should and makes you feel good! Wetting yourself when you laugh or sneeze, not wanting to look at your naked self or to have sex is not superficial. It's vital.
 4. Stress or urge incontinence and pelvic floor weakness may be common, it is not normal, untreatable... or OK.
- To learn about the remaining 5 pro tips, send us an email at info@aranciapt.com
- Thank you in advance for trusting us with your email address. I understand how little time you have and how much information is clogging up your inbox, and while we work with some truly awesome medical professionals, I know for sure that your Doctor didn't tell you all this stuff.

In health,
Dr. Jess

TMS Therapy



Depression Today; Remission Tomorrow

As unfortunate as it may be, it would be no surprise to me if you, or those close to you, have experienced symptoms of depression. Depression affects over 320 million people and is the leading cause of disability worldwide. From sad moods, and anxious thoughts, to low energy, thoughts of not wanting to be alive, and feelings of hopelessness, these are just a snapshot into the dark world of depression that has consumed the lives of so many. Its devastating grip wreaks havoc on one's ability to maintain relationships, function at work, or simply enjoy activities.

Furthermore, people who suffer from depression anticipate an unforeseeable end to its dark tunnel. And those who bear witness to this suffering feel powerless in how to help. So, they often default to mainstream strategies, such as psychotherapy or antidepressant medication, to aid in recovery. For many, these treatment options are effective but there are many who don't find relief in these measures and they are left wondering what their alternative options might be.

Enter Transcranial Magnetic Stimulation (TMS) Therapy

In the world of psychiatry, TMS Therapy is a revolutionary and innovative treatment option for Major Depressive Disorder. This non-invasive procedure - which uses magnetic pulses to focally target underactive areas in the brain associated with mood - was granted FDA approval in 2008 and has been used since to treat individuals with resistant depression.

TMS follows an outpatient treatment plan that includes daily, Monday through Friday, sessions typically over a six-to-nine-week period. Patients remain fully awake and alert during their TMS treatment sessions and they can travel independently to and from the clinic and continue with their day-to-day activities without limitation. TMS therapy can be given alone, or as an add-on to ongoing psychiatric medications. This treatment has coverage policies for nearly all commercial insurance carriers including Medicare and Medicaid.

Published reports from TMS treatment studies show more than half of patients treated with TMS therapy experienced significant improvements in depression



Staying Healthy

by ERIC TIRRELL, BA
TMS CLINIC AND NEUROMODULATION
RESEARCH OPERATIONS MANAGER
BUTLER HOSPITAL

symptoms and about one-third of patients experience remission of the depressive episode. TMS-treated patients have experienced significant improvements in their mood, anxiety, functioning, pleasure, appetite changes, aches and pains, lack of energy, and other debilitating symptoms associated with their depression. Patients have described this treatment as "life-changing" resulting in a positive impact within all spheres of life. Although there is no known "cure" for depression, many individuals may return for another series of TMS when they notice their symptoms begin to re-surface. Recent data suggests about 90% can recapture past responses to TMS and start to feel well again.

TMS Therapy is an important consideration for those who don't respond to standard interventions that are meant to treat depression. Butler Hospital's TMS Clinic is the region's premier treatment center, and they are ready to serve.

Interested patients should call the clinic at (401) 455-6632 to see if TMS might be their way out of the darkness.

Call our friendly and knowledgeable staff for a private assessment of your hearing.



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